

Alcohol Harm Reduction Co-Design Focus Groups

Tikanga

Open and raw non-judgemental

Confidential

Session One 2 Hours

Karakia timatanga

Introductions and welcome

Where are you at after the event?

What is on top for you after the event.

What really hit home?

What made you decide to be a part of the co design group?

Share findings of the Nigel Latta presentation pre and post event with the group

- Sharing with each other the realities of the tamariki and adult conversations currently taking place at home

Small group work- who's in our where? What impacts does alcohol currently play for us

What do we need to say no – experiences children's personalities?

How would you child react to different scenarios?

What works what does not work for you currently?

Specific questions for Nigel- draw from parents what they would like to ask Nigel

- Where to from here and prepare for next focus group
- Thanks, and Karakia whakamutunga

Session 2 By Zoom- 2hours

Karakia timatanga and welcome

Play short 15-minute video from Nigel in response to first focus group questions

PowerPoint presentation of past findings from groups- what parents found useful and suggestions going forward

What conversations have you had with your tamariki/rangatahi?

How did they go?

What would be useful going forward to have more effective conversations about alcohol?

Powerpoint questions – what would we like to see in the community reaching out to other whanau who don't know the hazards to early drinking? How to reach a wide audience

How can we empower parents to have conversations with their tamariki?

Further contact with the Alcohol Harm Reduction Group- who would like to stay in touch and keep us updated on how their situation is going in their whare?

Future of the Alcohol Harm Reduction Group and inform parents of evaluation for the group will be sent out

Conclusion, thanks and Karakia whakamutunga